

FAQs

Does Dr. Martha Take New Patients and Clients?

Yes - The waiting time is typically 2-4 weeks. In addition to personal sessions, Dr. Martha encourages all of her patients and clients to join the Ivy League online community and attend monthly Precision Self-care webinars.

How do I book an appointment?

On this page below. You can see her calendar of availability. If you have a crisis, please call 911 or go to your local emergency room.

How many appointments will I need to make for patient care?

Start with one appointment. Typically, Dr. Martha's patients resolve their issues in 3 - 6 sessions. Some choose Dr. Martha as their ongoing health coach.

Does Dr. Martha diagnose and treat disease?

Yes, Dr. Martha is an Advanced Practice Psychiatric Clinical Nurse Specialist who diagnoses and treats mental illness and behavioral health concerns.

Does Dr. Martha prescribe pharmaceutical drugs?

No she does not but she works closely with consulting advanced practice nurse and physician prescribers.

Does Dr. Martha take Health Insurance?

Blue Cross Blue Shield of Illinois only. Please pay at time of booking and note that you have BCBSIL insurance and your fee will be immediately refunded.

What services and treatments can I expect during the consultation?

Please click on the buttons under the welcome video for details of Dr. Martha's clinical practice.