



Forgotten Elements of Climate Change © 2019 Golden Apple Publications

These politicians are oh so wrong
They speak and sound just like a bunch of ding-a-dongs
Their proclamations are so strong
Demanding that we sound the gong

What is the problem you should ask?
They say we must take on their task
To change the climate here and now
They even have it in for cows!

But listen closely if you will
Their statements just don't fit the bill
'Cause if we're talkin' climate change
There has to be a bit more range.

Climate is not over there
Climate is not just laid bare
Climate is oh so much more
So I write this poem to settle the score.

Climate is within without
Climate change is what life's about
Elements of Self and more
Fire, Air, Water, Earth at its core.

We *are* climate can't you see?
We are its elements you and me
Being that change begins within
Don't follow politicians, they aren't your kin.

What we change about our Self
Will affect our very health
It will change Earth Mother too
If we all would think it through.

Choices we make for food and fun
And just whether to buy a gun
Would we race cars on a counter clockwise track
If we knew that it could break our backs?

Stop and think 'bout what they mean
Some scientists say doesn't mount to a hill of beans
Let's get real and work the Elements five
Forget the rhetoric - Transform the give.

Embrace yourself as climate and be
4 Basic Elements and Ether - no additional fee
The climate change rooted oh so deep
Ancient wisdom says we know in our sleep.

Waking or resting on self we gaze
Forget the "me" time that was other days.
That Self (big S) is the platform for change
It's one we control – this gift fills the bowl.

We are the elements – yes all five
And vessels of light you will come to see
Explore your elements of Self first and foremost
And climate change you will be!